



## DESERT DELIGHT

The names alone are enough to trigger a relaxation response: Velvet Reprieve, The Sound of Peaceful Healing, Green and White Tea Sundance Body Facial. To loosen up even more, just visualize the warm cocooning wrap that comes with each treatment. All are trademarks of the new Eurasia Spa, a showpiece of the updated Scottsdale Resort and Athletic Club, a deliberately simplistic getaway tucked in the shadow of Camelback Mountain.

Like the resort itself, the spa remains true to the Chinese roots of the Hing family, owners since 1971. Cross a small bridge to a space where bamboo, cool stone flooring, and silk fans proffer a stark contrast to the Southwest landscape outside. Slip into a kimono and unwind in the Tranquility Room. Then step into one of five therapy suites named after revered Asian blooms: Lotus, Orchid, Peony, Azalea, and Wisteria. An exclusive Cosanti Bell ritual heralds each treatment with sound and rhythm to lull you into a tension-free zone.

The Scottsdale Resort and Athletic Club features 85 rooms, including 2,500-square-foot Presidential Villas. The resort also recently added 29 deluxe rooms, suites, and villas with Jacuzzis, gas fireplaces, and fully equipped gourmet kitchens. For more information on the resort and spa, call 480.922.8855 or go to [scottsdaleresortandathleticclub.com](http://scottsdaleresortandathleticclub.com).

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